

Working together for a healthier tomorrow!



2023-2027 CHIP

COMMUNITY HEALTH IMPROVEMENT PLAN

SNAPSHOT

SCAN ME



Learn more at www.HealthySCC.org

CHIP OVERVIEW



St. Clair County Michigan is an engaged community of partners and residents working together to ensure that all citizens are educated, connected, and empowered to live a healthier life.

The Community Health Improvement Plan (CHIP) encompasses three strategic priority areas that will be addressed over the next five years. Each priority has its own goals, objectives and strategies. To view the full report, visit: www.HealthySCC.org.

This document provides an overview of the goals and a snapshot of the strategies prioritized by community stakeholders in order to work together for a healthier tomorrow!

LEARN HOW TO GET INVOLVED



Email: healthed@stclaircounty.org



Call: (810) 987-5300

3-CHIP PRIORITY AREAS

1



**MENTAL & BEHAVIORAL
HEALTH**

2



SUBSTANCE USE

3



**OBESITY & ASSOCIATED
HEALTH BEHAVIORS**

1



MENTAL & BEHAVIORAL HEALTH

**Goal: To improve the mental and behavioral health of
St. Clair County residents.**

SNAPSHOT OF STRATEGIES TO IMPLEMENT OVER THE NEXT 5 YEARS

**Increase access to
services**

**Promote anti-bullying
messages**

**Reduce stigma to
seeking care**

**Offer peer support
groups**

**Increase depression
screenings for teens**

**Educate parents on
youth depression
symptoms**

**Improve coordination
of care between
agencies**

**Build community
awareness around
adverse childhood
experiences**



2



SUBSTANCE USE

Goal: To reduce substance abuse rates, unintentional injuries, and drug-induced deaths for St. Clair County residents.

SNAPSHOT OF STRATEGIES TO IMPLEMENT OVER THE NEXT 5 YEARS

**Provide Narcan
Training**

**Create more alcohol-
free events**

**Increase law
enforcement presence
at events**

**Implement a crisis
stabilization center**

**Social media
campaigns about the
effects of vaping**

**Increase number of
community based
organizations**

**Increase travel options
to treatment**

**Educate families on
treatment options and
resources**



3



OBESITY & ASSOCIATED HEALTH BEHAVIORS

Goal: To reduce the overweight and obesity rates and increase healthy behaviors of St. Clair County residents.

SNAPSHOT OF STRATEGIES TO IMPLEMENT OVER THE NEXT 5 YEARS

Physical education classes

Peer-to-peer counseling

Social media campaigns

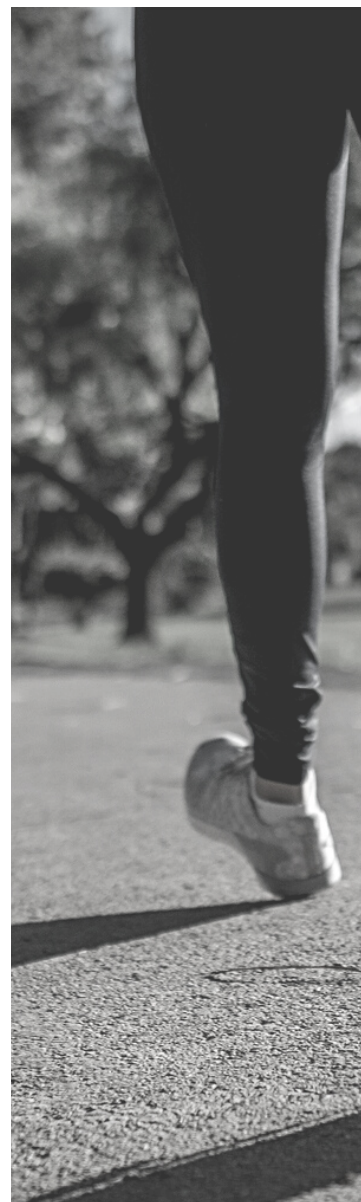
In-person and virtual food prep classes

Health and wellness program incentives

Encourage healthy eating at all income levels

Promote health programs at places of employment

Work to increase access to safe spaces to exercise



Healthy St. Clair County

2023-2027 COMMUNITY PARTNERS



Improving the quality of life for our community.

